



**RASHMI INSTITUTE OF AYURVEDA MEDICAL SCIENCES
& RESEARCH CENTER**

Sandur Road, Govindagiri, Kudligi - 583135, Vijayanagara Dist., Karnataka,

Mobile: +91 9742633638, Email: riakudligi@gmail.com,

Minutes of the Co-Curricular and Extra-Curricular Activity (CCEA) Cell Meeting

Date: 01-01-2026

Time: 11:00 am

Members Present: All CCEA members

1. Welcome Address & Introduction

The Chairperson welcomed all members and highlighted the importance of **co-curricular and extra-curricular activities in developing students' leadership, teamwork, and creativity.**

The CCEA Cell was reformed on January 1, 2026, to promote a **vibrant campus culture with activities that complement academic learning.** This meeting focused on creating an annual calendar of events and enhancing student engagement.

2. Agenda of the Meeting

1. Introduction of the CCEA Cell structure and roles.
2. Planning the **annual co-curricular and extra-curricular activities calendar.**
3. Discussion on **sports and fitness initiatives.**
4. Organizing **literary, cultural, and debate competitions.**
5. Encouraging student participation in **national and intercollegiate events.**
6. Planning for **Ayurveda Day, National Science Day, and other thematic celebrations.**
7. Social outreach programs and environmental initiatives.
8. Collaboration with external cultural and sports organizations.
9. Establishing an **awards and recognition system** for student achievers.
10. Any other matter with permission of the chair.

3. Discussion & Decisions Taken

A. Establishment of the CCEA Cell & Responsibilities

- The **roles and responsibilities** of each **committee member** were assigned.
- A **subcommittee for event planning** was formed.

B. Annual Activity Calendar Planning

C. Sports & Fitness Initiatives

- Plans for **sports equipment procurement** and improvement of the sports ground were discussed.

D. Cultural & Literary Events

- Students should be encouraged to participate in **regional and national level competitions.**



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E. Participation in National & Intercollegiate Events

- Students will be sponsored and supported to participate in external events such as:
 - AYUSH conferences and Ayurveda competitions.
 - Sports and yoga championships.
 - Research paper and poster presentation competitions.

F. Social Outreach & Environmental Initiatives

- Community health awareness camps were discussed in nearby villages.
- Collaboration with NSS was discussed.

G. Student Awards & Recognition System

- Proposal to introduce awards for excellence in cultural, sports, and literary activities.
- Certificates and trophies for winners of college-level events.

4. Conclusion & Action Points

The Chairperson summarized key discussions, emphasizing the need to balance academic rigor with student engagement in co-curricular and extra-curricular activities. The following action points were finalized:

- Framing of the annual activities calendar.
- Strengthening collaborations.
- Conducting regular review meetings to assess event planning and execution.

The next CCEA Cell meeting was scheduled for 05-2-2026 to evaluate progress and finalize upcoming activities.

The meeting concluded with a vote of thanks to the chair.

Prepared by: Dr. Manjunath K S

SL NO.	NAME	DESIGNATION	Portfolio	Signature
1	DR. H M HARISHA	Principal	CHAIRMAN	
2	DR. MANJUNATH K S	Assistant Professor, Dept. Of Agada Tantra	CO-ORDINATOR	
3	DR. SHWAPNA AKKUR	Associate Professor, Dept. of Rasashastra & Bhaishajyakalpana	MEMBER	
4	DR. SUPRIYA B M	Assistant Professor, Dept. Of Swasthavrutta	MEMBER	

Principal
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AYURVEDA MEDICAL SCIENCES
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